# Evaluating The Performance of A Computer-Aided Diagnosis System in Implementing Diagnose-And-Leave And Resect-And-Discard Strategies for Diminutive Colorectal Polyps: A Pragmatic Implementation Performance Improvement Study

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# Background

- Diminutive (≤5 mm) polyps constitute >80% of detected polyps.
- Diminutive polyps have a negligible risk of invasive neoplasia.
- Artificial intelligence (AI)-based computer-aided diagnosis (CADx) has the potential for in vivo prediction of histology.
- Al-assisted characterization should match PIVI standards to implement diagnose-and-leave and resect-and-discard strategies.

### **PIVI Criteria**

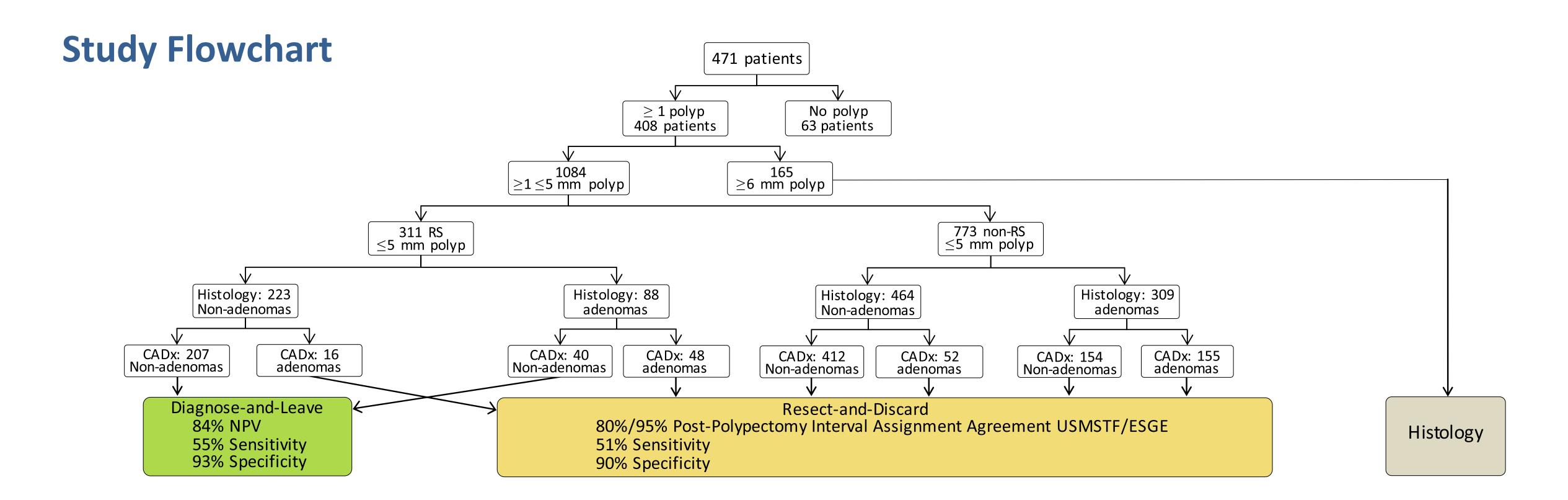
- The Preservation and Incorporation of Valuable Endoscopic Innovations (PIVI) criteria (Rex et al. GIE 2011;73:419):
- Diagnose-and-leave strategy: A negative predictive value of >90% for adenoma by CADx for ≤5 mm rectosigmoid (RS) polyps needed to implement such strategy for ≤5 mm RS hyperplastic polyps.
- Resect-and-discard strategy: A >90% agreement in assignment of post-colonoscopy intervals by established guidelines is required to implement such strategy for ≤5 mm polyps of the entire colon.

# **Hypothesis and Study Aim**

- Hypothesis: Autonomous Al-based CADx (without human input) of diminutive polyps fulfilled the PIVI performance standards.
- Study aim: To assess whether the CADx diagnosis of diminutive polyps met PIVI criteria to be implemented in real-world practice.

### Methods

- **Study design:** A retrospective study of ≥40 y/o patients undergoing elective colonoscopy of all indications in Evergreen General Hospital, Taoyuan, Taiwan.
- CADx system: CAD-EYE (Fujifilm, Japan) differentiated adenomas from non-adenomas using blue-light non-magnified imaging.
- **Investigators:** 3 endoscopists examined 1,084 polyps in 471 patients.
- **Accuracy of CADx:** Histology as the gold standard.
- Study Period: March August 2023



# **Study Primary Outcomes**

- · CADx performance in the diagnose-and-leave strategy and **resect-and-discard strategy** for all ≤5 mm polyps.
- -The post-colonoscopy follow-up interval was determined by combining CADx diagnosis for ≤5 mm polyps and histological diagnosis for ≥6 mm polyps.

# Results: Patients, Procedures, Overall Polyp Data

Total patient number	N = 471	Total polyp number	N = 1,249
Male, n (%)	222 (47)	Polyp size	
Age, mean (SD), years	55.2 (9.7)	1-5 mm, n (%)	1,084 (87)
Indications of colonoscopy		6-9 mm, n (%)	128 (10)
Screening, n (%)	231 (49)	≥10 mm, n (%)	37 (3)
Surveillance, n (%)	165 (39)	Polyp morphology	
Diagnostic, n (%)	44 (7)	Type 0-lp (pedunculated), n (%)	15 (1.2)
Positive FIT, n (%)	22 (5)	Type 0-ls (sessile), n (%)	705 (56.5)
Withdrawal time, mean (SD), min	22.0 (7.8)	Type 0-IIa (flat-raised), n (%)	516 (41.3)

# Polyp Location and Histology

Total polyp number	N = 1,249	Polyp Histology		N = 1,249
Anatomical location, n (%)			Adenomas, n (%)	464 (37)
Cecum to Hepatic flexure	554 (44.4)		Non-advanced, n/N (%)	367/464 (79)
			Advanced, n/N (%)	97/464 (21)
T-colon and Splenic flexure 254 (20.3)			Non-adenomas, n (%)	785 (63)
Descending colon	91 (7.3)		Hyperplastic polyp, n/N (%)	729/785 (93)
Sigmoid colon	261 (20.9)		Sessile serrated lesion, n/N (%)	28/785 (3.6)
Rectum	89 (7.1)		Traditional serrated adenoma, n/N (%)	8/785 (1.0)

# **Evaluation of Diagnose-and-Leave Performance**

Entire-colon ≤5 mm polyp No. (n=1,084)	Histological diagnosis			CADx diagnosis
CADx diagnosis		Non-adenoma	,	76.1% (73.1%—78.9%)
	(n=397)	(n=687)	Sensitivity (95% CI)	51.1% (46.2%—56.0%)
Adenoma (n=271)	203	68	Specificity (95% CI)	90.1% (87.6%—92.1%)
Non-adenoma	194 619	PPV (95% CI)	74.9% (69.4%—79.7%)	
(n=813)		619	Accuracy (95% CI)	75.8% (73.2%—78.3%)

CADx for ≤5 mm polyps	RS-colon	Proximal to S-colon	P value
Accuracy (95% CI)	82.0% (77.3%-85.9%)	73.4% (70.1%-76.3%)	0.003

### **Evaluation of Resect-And-Discard Performance**

Patient No. (n = 471)	Histology-based surveillance interval (USMSTF)			
CADx (≤5 mm) + Histology (≥6 mm)	≤3 years	5 years	10 years	
≤3 years	15	1	0	
5 years	14	8	1	
10 years	55	22	355	

Patient No. (n = 471)	Histology-based surveillance interval (ESGE)		
CADx (≤5 mm) + Histology (≥6 mm)	≤3 years	10 years	
≤3 years	13	3	
10 years	22	433	

# **Summary of CADx Performance Using PIVI Criteria**

## Discussion

- CADx fell short of expectation in the diagnostic accuracy and sensitivity of diminutive neoplastic polyps in a validation study.
- CADx had a high specificity for diminutive neoplastic polyps.
- CADx systems are trained with still images which do not represent the real-world setting of dynamic colonic segment.
- Endoscopist-machine interaction is critical to properly implement the accurate optical diagnosis of CADx.

Li et al. AJG 2023;118:1353.

### Conclusions

**CURRENT CAD**x OPTICAL DIAGNOSIS SYSTEM **DID NOT** MATCH THE PIVI STANDARDS FOR IMPLEMENTATION IN THE **DIAGNOSE-AND-LEAVE** AND **RESECT-AND-DISCARD** STRATEGIES FOR DIMINUTIVE POLYPS ACCORDING TO US MULTI-SOCIETY TASK FORCE GUIDELINES. UPGRADE OF CADx PROGRAMS AND MORE RESEARCHES ARE NEEDED TO IMPROVE PERFORMANCE.